

Guidelines on prevention of heat-related illness in summer **heatwave**

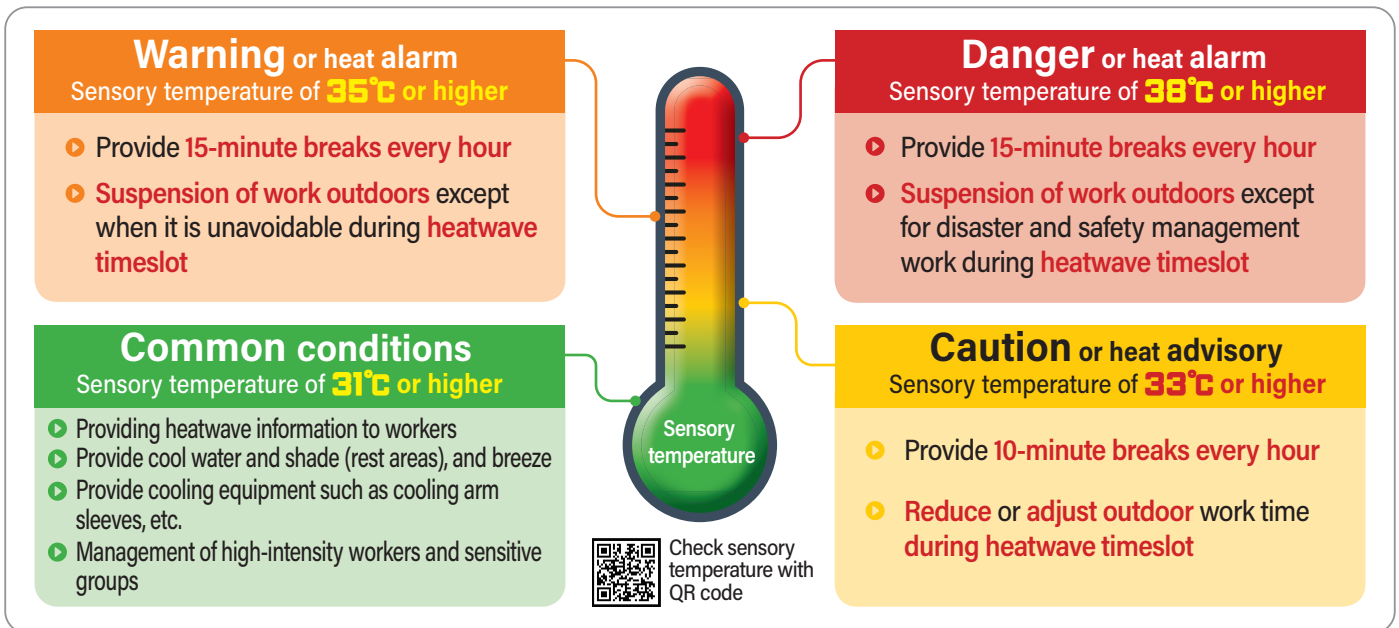


1. Follow the three basic rules

Outdoor workplace		Indoor workplaces	
Water <ul style="list-style-type: none"> ☑ Provide cool and clean water / Drink water regularly during work 			Water
Shade <ul style="list-style-type: none"> ☑ Provide shade (rest area) near the workplace ☑ Shade canopies should be located in areas that allow cool breezes to pass through ☑ Install additional mobile air conditioners if needed 	<ul style="list-style-type: none"> ☑ Install temperature and humidity meters in the workplace and check them regularly ☑ Install fans and mobile air conditioners and ventilate regularly ☑ Managing indoor temperature even when working at night 		Wind
Breaks <ul style="list-style-type: none"> ☑ Provide regular breaks of at least 10 to 15 minutes when a heat advisory (caution, alarm) is issued ☑ Minimize outdoor work during peak heat hours (14~17) 			Breaks

2. Responding heatwaves

Suspension of work by employers or workers if there is an imminent danger of heat-related illness



3. Measures in case of heat-related illness

Call 119 immediately in case of heat-related illness Contact in case of emergency